

PRE SUMMIT WORKSHOP

Complimentary to 2nd Shalamar IRC RCOG Summit
(Free for Registered summit delegates)

Dated: 13th January, 2025

Theme

Safety in Clinical Practice for Healthcare Professionals

Sub Themes

- 1- Human Factors (Non Technical Skills) for Clinical and Nursing Staff
- 2- Post Partum Haemorrhage Management
- 3- Hands on Session (Pre-Booked) / Presidential Meeting (Pre-Booked)

Moderator: Dr. Sheema Yousuf

1st Session: Human Factors (Non Technical Skills) for Clinical and Nursing Staff

08:00-08:30	On Site Registration (if not already registered for the summit)	Consultants PKR 25,000 Residents PKR 10,000
08:30-08:35	Welcome speech	Nazli Hameed
08:35-09:00	Why do we make mistakes?	Wasim Lodhi North Middlesex University Hospital
09:00-09:30	Understanding situational awareness ("helicopter view")	Schahrazed Rouabhi North Middlesex University Hospital
09:30-10:00	The Concept of Never Events: Retained swabs and wrong side surgery	Wai Yoong North Middlesex University Hospital
10:00-11:00	Inauguration of Women Health Center Distinguished Foreign Guests	Poster Review All Others Distinguished Deligates
11:00-11:30	TEA BREAK	
11:30-11:50	Developing effective teams	Wasim Lodhi
11:50-12:10	Why juniors don't speak up?	Schahrazed Rouabhi Wai Yoong
12:10-12:30	Q& A Interactive	

2nd Session: Precongress Post Partum Haemorrhage Management workshop

12:30-12:50	Reducing Risk of Post Partum Haemorrhage: Role of Technical and Non Technical Skills Peripartum hysterectomy-Why, when, how	Wai Yoong
12:50-13:10	Which Uterine compression sutures should I use for uterine atony?	Wasim Lodhi
13:10-13:30	Pseudoaneurysms and PPH	Schahrazed Rouabhi
13:30-14:20	LUNCH BREAK	
14:20-16:00	Hands On Session	Presidential Meeting with Fellows and Members of the RCOG
	Uterine compression sutures Abdominal and pelvic packing Balloon tamponade	Wasim Lodhi Wai Yoong Schahrazed Rouabhi Ranee Thakar Kate Lancaster

Contact Persons

Hafiz Wajahat
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VENUE

SMDC Auditorium 3rd Floor
Pathology Lab and Pharmacology Lab
Presidential Meeting Lecture Hall 1 Ground Floor

Scan for Location



2nd SHALAMAR IRC RCOG SUMMIT

Date: 14th January, 2025

Venue: Shalamar Medical & dental College, Auditorium

Theme Urogynecology & Minimal Access Surgery

08:00-08:30	Registration	
Inauguration of Summit	Moderator: Zona Saeed	
08:30-08:40	Inaugural Speech by Chairman Board of Trustees	
08:40-08:45	Welcome Address by the Principal SMDC	
08:45-08:50	Welcome Address by the COO Shalamar Hospital	
08:50-09:00	IRC Chair Summit Inaugural speech	
09:00-09:15	Address by the President RCOG	
09:15-09:30	Address by the CEO RCOG (RCOG introduction and strategy)	
09:30-09:50	Management of obstetric anal sphincter injuries	Ranee Thakar
09:50-10:10	Posterior tibial nerve stimulation in overactive bladder	Wai Yoong
10:10-10:30	Wider effects and implications of menopause	Jyotsna Acharya
10:30-11:00	Tea Break	
Morning Session	Moderator: Anum Malik	
11:00 to 13:30		
11:00-11:10	Urogenital fistula: A study from tertiary care hospital	Pushpa Srichand
11:10-11:20	A 4 year review of vesicovaginal fistula repair: Success and challenges at a tertiary care hospital	Majida Zafar
11:20-11:30	Surgical outcomes of Mid-Urethral Sling Surgery and its effects on Quality-of-Life (QOL); A Ten-Years Experience in an Era of Mesh Controversy	Urooj Kashif
11:30-11:40	Concurrent surgery for prolapse repair and stress urinary incontinence: Pilot observational study to see the outcome of two procedures	Sheema Yousuf
11:40-11:50	Outcome of Sacrocolpopexy and predictors of anatomical failure	Ruqqia Sultana
11:50-12:00	Outcome of laparoscopic Sacrocolpopexy in patients with vault prolapse and urinary symptoms	Arooba Rahim
12:00-12:10	Abdominal suspension operation for utero-vaginal prolapse using autologous fascial sling of rectus sheath	Amna Aziz
12:10-12:20	Build a pelvis: A low cost modeling activity to improve understanding of female pelvic and perineal anatomy	Novera Chughtai
12:20-12:30	A case series on Hematocolpos presentation and management at Agha Khan University Hospital	Durriya Rahmani
12:30-12:40	Comparative outcomes of modified Davydov's and modified McIndoe vaginoplasty technique in MRKH patients: A focus on surgical success and female sexual function index	Shakeela Yasmeen
12:40-12:50	Vaginoplasty using amnion graft	Nudrat Sohail
12:50-13:00	Sexual dysfunction in women with urogynaecological problems	Shabeen Naz Masood
13:00-13:10	Comparative analysis of changes in bone mineral density and climacteric symptoms in postmenopausal women with and without pelvic organ prolapse	Kashaf Qayyum
13:10-13:30	Expert Panel for Discussion	
	Aziz- un- Nisa	Tayyaba Waseem
	Ranee Thakar	Wai Yoong
	Rehana Malik	
	Shabeen Naz	
	Shafique Ahmed	
13:30-14:30	Expert Panel for Poster Review	
	Azra S Awan, Fareeda Kakar, Haleema Hashmi, Javed Rizvi, Naheed J Farooqi, Nasira Tasneem, Robina Hussain, Shagufta Tahir, Shaila Anwer, Shamila I Munir	
13:30-14:30	Lunch Break	
Afternoon Session	Moderator: Maria Ahmed	
14:30-1700		
14:30-14:50	Salpingectomy for ectopic pregnancy V Notes	Wai Yoong
14:50-15:10	New modalities in hysteroscopic surgeries	Waseem Lodhi
15:10-15:30	Non-technical skills in minimal access surgery	Waseem Lodhi
15:30-15:40	Scope of robotic surgery in gynaecological practice	Samia Malik
15:40-15:50	Comparison of Laparoscopic gynecological surgery with robotic assisted gynecological surgery: A study on perioperative feasibility and outcomes	Rehana Aamer Khan
15:50-16:00	Endoscopic tubal canalization as an alternative for IVF: An outcome analysis	Arooba Rahim
16:00-16:10	Role of laparoscopy in diagnosing pelvic causes of female subfertility	Fariha Farooq
16:10-16:20	Video presentation of total Laproscopic hysterectomy + Burch colposuspension	Yousaf latif khan
16:20-16:30	Laparoscopic Lens: Unraveling the mysteries of adnexal masses in women of reproductive age group	Anam Riaz
16:30-17:00	Expert Panel for Discussion	
	Mehnaz Khakwani	Sarah Feroz
	Muhammad Saeed	Sohail Lodhi
	Nasreen Ruby Faiz	Zohra Khanum
	Nusrat A. Khan	
	Expert Panel for Poster Review	
Lubna Hassan, Mamoona Mushtaq, Nadeem Zubairi, Nadra Sultana, Tazeen Munim, Yasmeen Sardar		

2nd SHALAMAR IRC RCOG SUMMIT

Date: 15th January, 2025

Venue: Shalamar Medical & dental College, Auditorium

Theme Reproductive Medicine & Gynae Oncology

08:00-08:30	Registration		
Morning Session 08:30-13:10	Moderator: Huma Quddusi		
08:30-08:45	Frozen embryo transfer cycles-the impact of endometrial preparation on obstetric and neonatal outcomes		Sibte Hassan
08:45-08:55	MHT and issue in midlife and beyond: an update		Syeda Batool Mazhar
08:55-09:10	Towards Genome-based precision reproductive medicine in the era of NGS (Next Generation Sequencing)		Sibte Hassan
09:10-09:20	Stem cells use in gynaecology and obstetrics		Sadia Ahsan Pal
09:20-09:30	Effects of autologous hematopoietic stem cells transplantation on female fertility in multiple sclerosis: A systemic review and metanalysis		Anusha Ashkar
09:30-09:40	Tubal patency after successful laparoscopic removal of ectopic gestation and laparoscopic tubal reconstruction: a case series		Shazia Fakhar
09:40-09:50	Evaluating the effectiveness of ovulation induction alone versus with adjunctive vitamin D therapy in treating infertility in PCOS: A comprehensive analysis		Kashaf Qayyum
09:50-10:00	Dienogest a long-term medical treatment in women with endometriosis: A prospective cohort study		Nabia Tariq
10:00-10:10	The long term effects of fertility treatment on maternal health		Hina Khan
10:10-10:20	A Rare case of scar ectopic pregnancy successfully treated with Methotrexate		Nabeela Sarwar
10:20-10:30	Case presentation on scar ectopic pregnancy managed with hysteroscopic suction and evacuation under laproscopic guidance		Razia Ghafoor
10:30-11:00	Expert Panel for Discussion		
	Arif Tajammul		
	Farukh Bashir		
	Fozia Munnoo		
	Iftikhar Sadique		
	M Ikram		
	Sajjad Hussain		
	Sonia Naqvi		
Expert Panel for Poster Review			
Arozia Moazzam, Arshad Chohan, Azra Batool, Sadia Khan, Samrina Hashmi, Shazia Ashraf			
11:00-11:20	Tea Break		
11:20-11:40	Primary bilateral salpingo-ophorectomy for ovarian cancer prophylaxis in women with hereditary breast and ovarian cancer genes: Pilot series of 10 cases V Notes		Wai Yoong
11:40-12:00	Adnexal masses in pregnancy		Jyotsna Acharya
12:00-12:20	Vulval conditions		Jyotsna Acharya
12:20-12:40	Breast cancer and menopause		Zainab Waseem
12:40-13:10	Expert Panel for Discussion		
	Muhammad Tayyab		
	Naila Tariq		
	Naseem Ashraf		
	Rashid Latif Khan		
	Salma Batool		
	Samee Akhtar		
	Saqib Siddique		
13:10-14:00	Lunch Break		
Afternoon session 14:00-17:00	Moderator: Amna Ahsan		
14:00-14:10	Risk of malignancy index (RMI) plus international ovarian tumor analysis (IOTA) versus risk of malignancy index (RMI) alone in assessment of malignancy risk for adnexal masses undergoing gynecological surgery		Mishal Maqbool
14:10-14:20	Laparoscopic versus open surgery for advanced staged ovarian cancer: A ten-year data analysis		Kheyal Azam Khalil
14:20-14:30	Evaluation of complete gross cytoreduction in a advanced stage epithelial ovarian cancers according to European society of gynecological oncology quality indicators		Dr Maria Habib
14:30-14:40	Efficacy and safety of plasma gel as an adjuvant to cytoreductive surgery in advanced stage ovarian cancer: A metanalysis and systemic review		Dr Anusha Ashkar
14:40-14:50	Ultrasound guided aspiration of cystic pelvic masses (review of 417 cases)		Musarrat Hassan
14:50-15:00	Correlation of ultrasound and histopathology for diagnosis of endometrial cancer in post-menopausal women		Viqar Ashraf
15:00-15:10	Role of lymphadenectomy in the management of early-stage endometrial cancer		Kheyal Azam Khalil
15:10-15:20	Laparoscopic Assisted Posterior Pelvic Examination in a case of uterine carcinosarcoma: video presentation		Dr Maria Habib
15:20-15:30	Comparison of staging by MRI and histopathology in women with endometrial carcinoma		Dr Zartaj Hayat
15:30-15:40	Oncological outcomes of immature ovarian teratoma following primary and secondary surgery: A 15year report from a cancer center		Dr Maria Habib
15:40-15:50	Cervical cancer elimination: A reality		Dr Noreen Zafar
15:50-16:00	Exploring the reasons behind late detection of cervical cancer in Pakistani population		Dr Bushra khan
16:00-16:10	Non gestational primary hepatic choriocarcinoma in a Young female: Case Report of a rare tumor		Dr Sadia Aftab
16:10-17:00	Expert Panel for Discussion		
	Aliya Aziz	Sadaqat Jabeen	
	Fareed Zafar	Shahid Rao	
	Nabia Tariq	Shehla Baqai	
	Roshan Ara Qazi		
	Expert Panel for Poster Review		
Ambereen Anwar, Firdous Mumtaz, Humaira Tabassum, Naila Ehsan, Shabnam Tariq, Shehzadi Saima, Zahida Parveen			

2nd SHALAMAR IRC RCOG SUMMIT

Date: 16th January, 2025

Venue: Shalamar Medical & dental College, Auditorium



Theme Maternal Medicine, Fetal Medicine & Artificial intelligence

08:00-08:30	Registration			
Morning session 08:30-13:40	Moderator: Shumaila Hanif			
08:30-08:40	To determine the accuracy of 1st trimester uterine artery doppler ultrasound pulsatility index in prediction of Pre-eclampsia in pregnant women attending tertiary care hospital clinic		Kinza Sajjad	
08:40-08:50	Efficacy of Low dose calcium supplementation with standard dose of 1500 mg of calcium intake in prevention of pre- eclampsia in high-risk pregnant women		Sidra Rauf	
08:50-09:00	Can esomeprazole improve outcomes in women at high risk of pre-eclampsia? A Phase 2 placebo controlled randomized multicentre clinical trial		Sidrah Nausheen	
09:00-09:10	Effect of Magnesium sulphate on Optic Nerve Sheath diameter as an indirect measure of intracranial pressure: A case study of Eclampsia patients		Zahra Safdar	
09:10-09:20	Guidelines for antenatal corticosteroids use in Preterm Labour in Pakistan		Sadia Ahsan Pal	
09:20-09:30	Breaking new ground: anaerobic antibiotics in preterm labour for prolonged gestation and improved perinatal outcome		Kashaf Qayum	
09:30-09:40	Late onset FGR: Preventable cause of stillbirth in Pakistan		Ayesha malik	
09:40-09:50	Fetal Arrhythmias: Case based insights into diagnosis, management and postnatal interventions.		Farhat ul Ain Ahmed	
09:50-10:00	Feasibility and safety of transabdominal chorionic villous sampling		Abeera Choudhary	
10:00-10:10	First Trimester Ultrasound screening for detection of fetal structural anomalies		Nishat Zohra	
10:10-10:20	Impact of WHO labour care guide on delivery outcomes: A two years prospective analysis in a private hospital at Lahore		Saba Ansari	
10:20-10:30	Incidence of vaginal birth after previous 1 caesarean section and fetal outcomes in a tertiary care hospital in Peshawar		Kiran Jehangir	
10:30-10:40	Evidence based caesarean section technique		Jyotsna Acharya	
10:40-10:50	Saving newborn lives in Pakistan-implementing Kangaroo Mother Care		Rubina Sohail	
10:50-11:10	Expert Panel for Discussion			
	Ayesha Siddiqi	Nighat Shah		
	Farrukh Zaman	Shama Munim		
	Jyotsna Acharya	Talha A. Haleem		
	Lumaan Sheikh			
	Expert Panel A for Poster Review		Expert Panel B for Poster Review	
	Afshan Ambreen	Haleema Yasmeen		
	Asma Gul	Shahnaz Nawaz		
	Fariha Khan	Tabinda Rana		
Habiba Sharaf	Tasneem Ashraf			
11:10-11:30	Tea Break			
11:30-11:40	Mothers Lost: The untold stories behind the statistics		Azra Ahsan	
11:40-11:50	Maternal Mortality Trends: A Global View		Saira Ayub	
11:50-12:00	Audit of maternal mortality at nishtar hospital Multan		Samia Qadir	
12:00-12:10	Enhancing critical care for high-risk obstetric patients: A prospective analysis from Ayub Teaching Hospital		Humaira Jadoon	
12:10-12:20	Impact of MEOVS chart implementation in an obstetric setting in gynae ward Ayub Teaching hospital Abbottabad		Shandana Mustafa Jadoon	
12:20-12:30	Prevention of parent to child transmission of HIV-sixteen years of experience at Pakistan Institute of Medical Sciences, Islamabad		Nosheela Amjad	
12:30-12:40	Trends and vertical transmission of HIV/AIDS in pregnant women presenting to a tertiary care setting		Mishal Maqbool	
12:40-12:50	Acute hepatitis E in pregnancy: A dual threat to the baby and mother		Farah Siddique	
12:50-13:00	Predictors of adverse outcomes in patients with peripartum cardiomyopathy: A 10-year study		Durriya Rahmani	
13:00-13:10	Impact of hydroxychloroquine on pregnancy outcomes in systemic lupus erythematosus: A cohort study from Asia		Shahwar Dure	
13:10-13:20	Integration of postpartum family planning (PPFP)and postabortion family planning (PAFP) in all tertiary care hospitals of Sindh: a pathway to achieve SDGS		Farah Hassan Khan	
13:20-13:40	Expert Panel for Discussion			
	Aisha Malik	Iffat Naheed		
	Asma Yasin	Mehar un-Nisa		
	Ayesha Malik	S.A. Rouabhi		
	Gul Rukh Qazi			
	Expert Panel for Poster Review			
Faiqa S Baig, Kiran Khursheed, Nazia Badar				
Mariam Malik, Razia Korejo, Rizwana Chaudhary, Robina Iqbal, Uzma Hussain				
13:40-14:30	Lunch Break			
Afternoon session 14:30-17:10	Moderator: Maryam Iqbal			
14:30-14:40	Future strategies in OBGYN		Muhammad Tayyab	
14:40-14:50	From delays to care improving maternal health in Dir Upper		Maryam Waqas	
14:50-15:00	Effectiveness of various Artificial intelligence models developed for assistance in ovulation stimulation process during IVF: A systemic review		Irva Mubashar Cheema	
15:00-15:10	Evaluation of effectiveness of emergency obstetrics and neonatal skills training among participants at Ziauddin University Karachi		Rehana Yasmeen	
15:10-15:20	Use of AI technologies for facilitating workplace-based assessment		Junaid Sarfaraz	
15:20-15:30	Evolving postgraduation training system-meeting international standards		Ayesha	
15:30-15:40	Gamification in synchronous online learning for postgraduate students in OBGYN		Rubab khalid	
15:40-15:50	Behind the complaints: Unpacking the Lapses in Professional Behavior Among Gynae Residents in Pakistan		Humera Noreen	
15:50-16:00	Empower Youth, Bakhabar Noujawan-A Guide to Informed Choices		Humera Mansoor	
16:00-16:10	"Self-help plus" intervention: A useful tool to improve workplace performance of female postgraduate medical residents		Humaira Bilqis	
16:10-16:20	Midlife challenges		Shamsa Hamayun	
16:20-16:30	Awareness among Pakistani Students regarding age related fertility decline		Safia Sultana	
16:30-16:50	Expert Panel for Discussion			
	Alia Bashir	Nadia Khursheed	Shamsa Humyun	
	Farhat Naz	Nazneen Iqbal		
	Ghazala Mahmud	Noreen Akmal		
	Huma Sheikh	Nudrat Sohail		
	Expert Panel for Poster Review			
Amtullah Zareen, Asma T Usmani, Khair un-Nisa, Mahliqa Maqsood, Mona Zafar, Shahida Tarar				
16:50-17:10	Conclusion and Award Ceremony			